

We need Laws (Rules) that We Can All Live with, President Vladimir Putin said Here They Are!

Excerpts from President Vladimir Putin's Speech at the Valdai International Discussion Club

Let me say in this respect that I will also not let you down and will speak directly and frankly. Some of what I say might seem a bit too harsh, but if we do not speak directly and honestly about what we really think, then there is little point in even meeting in this way. It would be better in that case just to keep to diplomatic get-togethers, where no one says anything of real sense and, recalling the words of one famous diplomat, you realize that diplomats have tongues so as not to speak the truth.

We get together for other reasons. We get together so as to talk frankly with each other. We need to be direct and blunt today not so as to trade barbs, but so as to attempt to get to the bottom of what is actually happening in the world, try to understand why the world is becoming less safe and more unpredictable, and why the risks are increasing everywhere around us.

As we analyze today's situation, let us not forget history's lessons. First of all, changes in the world order – and what we are seeing today are events on this scale – have usually been accompanied by if not global war and conflict, then by chains of intensive local-level conflicts. Second, global politics is above all about economic leadership, issues of war and peace, and the humanitarian dimension, including human

rights.

The world is full of contradictions today. We need to be frank in asking each other if we have a reliable safety net in place. Sadly, there is no guarantee and no certainty that the current system of global and regional security is able to protect us from upheavals. This system has become seriously weakened, fragmented and deformed.

What we needed to do was to carry out a rational reconstruction and adapt it the new realities in the system of international relations.

Joint economic projects and mutual investment objectively bring countries closer together and help to smooth out current problems in relations between states. But today, the global business community faces unprecedented pressure from Western governments. What business, economic expediency and pragmatism can we speak of when we hear slogans such as “the homeland is in danger”, “the free world is under threat”, and “democracy is in jeopardy”? And so everyone needs to mobilize. That is what a real mobilization policy looks like.

Perhaps developments in global politics will mirror the developments we are seeing in the global economy, namely, intensive competition for specific niches and frequent change of leaders in specific areas. This is entirely possible.

There is no doubt that humanitarian factors such as education, science, healthcare and culture are playing a greater role in global competition. This also has a big impact on international relations, including because this ‘soft power’ resource will depend to a great extent on real achievements in developing human capital rather than on sophisticated propaganda tricks.

At the same time, the formation of a so-called polycentric world (I would also like to draw attention to this, colleagues) in and of itself does not improve stability; in

fact, it is more likely to be the opposite. The goal of reaching global equilibrium is turning into a fairly difficult puzzle, an equation with many unknowns.

So, what is in store for us if we choose not to live by the rules – even if they may be strict and inconvenient – but rather live without any rules at all?

World Leaders Have No Answers to the Problems of This Generation

There are many things about this generation that the nations have never had to face before in history. The main paradox that will involve all nations is that of the possibility of a defiled earth with no hope of survival, due to the nuclear wars. Though plans are already set, they are only threats now, but are becoming more realistic. It is clearly evident, the nations are inching closer to a nuclear holocaust. With each armed maneuver, they try to take advantage of, and also disadvantage, their competing nations.

Each nuclear maneuver of the nations, in this time period, poses the paradox of first strike. The attitudes of hatred and fear in each world leader, trying to protect his interest, make this situation, seemingly, urgent. It is not unusual for confused minds to act out of fear and strike out when there is no need. Confusion is the key word to understanding the hows and causes of this last generation's paradox.

Confusion

Whatever gave mankind the notion that he could kill or bully

all of his 'thought to be' enemies? What can the nations and peoples do now in the unsuspected birth of the nuclear baby that has taken 6,000 years of mistakes to produce?

I just named a book that you really need. *Birth of the Nuclear Baby* was printed before the wars started in and around the great River Euphrates. It shows the exact date the nuclear bombs were set to be used, and that date was correct. News articles that accompany the book, show the nuclear event that took place. This information proves the Prophecy came to pass on the very date mentioned in this book. You also need to understand the many other Prophecies shown in this book that will come to pass in this present, prophesied generation.

Hatred Extreme

In watching the meetings with the heads of states and nations, one thing stands out in their speeches—extreme hatred, one nation for another. The leaders of their armed forces stand very eager for war, even for minor trespasses of land and air zones. Even passenger planes have been intentionally shot down, with hundreds of lives taken, as if there is absolutely no concern for life.

Still Speaking of Confusion

List of airliner shutdown incidents

In the history of commercial aviation, there have been many airliner shutdown incidents which have been caused intentionally or by accident. This is a chronologically ordered list meant to document instances where airliners have

been brought down by gunfire or missile attacks, including wartime incidents, rather than terrorist bombings or sabotage.

1930s

- 1938 Kweilin Incident – *carrying 18 passengers and crew...15 people were killed*

1940s

- 1940 Kaleva OH-ALL – *All 7 passengers and 2 crew members on board died*
- 1940 The Chungking
- 1942 KNILM PK-AFV – *4 passengers died*
- 1943 BOAC Flight 777 – *all aboard died*

1950s

- 1954 Cathay Pacific VR-HEU – *10 on board died*
- 1955 El Al Flight 402 – *All seven crew and fifty-one passengers on board the airliner died*

1970s

- 1973 Libyan Arab Airlines Flight 114 – *Of the 113 people on board, 5 survived, including the co-pilot*
- 1978 Korean Air Lines Flight 902 – *2 passengers died*
- 1978 Air Rhodesia Flight 825 – *18 of the 56 passengers survived the crash, but 10 were killed by the guerrillas at the crash site*
- 1979 Air Rhodesia Flight 827 – *None of the fifty-nine passengers or crew survived*

1980s

- 1980 Aerolinee Itavia Flight 870 – *All eighty-one people on board died*
- 1983 Korean Air Lines Flight 007 – *269 passengers and*

crew...no survivors

- 1985 Polar 3 – *All three crew members died*
- 1987 Air Malaw-i 7Q-YMB – *The eight passengers and two crew on board died*
- 1988 Iran Air Flight 655 – *all 290 passengers and crew died*
- 1988 T&G Aviation DC-7 – *5 deaths*

1990s

- 1993 Transair Georgian Airline shootdowns – *three airliners belonging to Transair Georgia were shot down by missiles and gunfire*
- 1994 Rwandan presidential airliner – *both presidents killed*
- 1998 Lionair Flight 602 – *All seven crew and forty-eight passengers died*

2000s

- 2001 Siberia Airlines Flight 1812 – *All on board (66 passengers and 12 crew) died*
- 2003 Baghdad DHL attempted shootdown incident – *No injuries or major aircraft damage*
- 2007 Balad aircraft crash – *34 of the thirty-five civilian passengers on board died*
- 2007 Mogadishu TransAVIAexport Airlines Il-76 crash – *11 died*

2010s

- 2014 Malaysia Airlines Flight 17 – *283 passengers and 15 crew reported dead*

wikipedia.com

Still Speaking of Confusion

Please consider also, the worldwide suicide rates, including those in America. If one is willing to take his own life and he has a grudge, he may be inclined to take the lives of others, which is what we are seeing in these senseless killings. This could be bombs in the wrong hands. How large would the suicide army be?

WHO: Every 40 seconds someone commits suicide

(CNN) – Every 40 seconds someone in the world takes their own life, a global tally of more than 800,000 suicides a year, according to a landmark United Nations report on the subject.

The research found that suicide killed more people each year than conflicts and natural catastrophes, accounting for more than half of the world's 1.5 million violent deaths annually, World Health Organization staff told reporters at its presentation in Geneva.

CNN NewSource

For even more evidence of confusion, take a look at rape.

Who are the Victims?

Breakdown by Gender and Age

Women

- **17.7 million American women** have been victims of

attempted or completed rape.

Men

- 2.78 million men in the U.S. have been victims of sexual assault or rape.

Children

- 15% of sexual assault and rape victims are **under age 12**.
- Nearly 30% of child victims were between the age of 4 and 7.
- **7% of girls in grades 5-8** and 12% of girls in grades 9-12 said they had been sexually abused.
- 3% of boys grades 5-8 and 5% of boys in grades 9-12 said they had been sexually abused.

rainn.org

Vatican says it's punished over 3,400 priests since '04 for raping or molesting children

GENEVA – The Vatican revealed Tuesday that over the past decade, it has defrocked 848 priests who raped or molested children and sanctioned another 2,572 with lesser penalties, providing the first ever breakdown of how it handled the more than 3,400 cases of abuse reported to the Holy See since 2004.

The Dallas Morning News

The question is, how did we let mankind get this sick, and why aren't we treating these sick priests? There are treatments for such. This proves that the whole world is as sick as these

evil priests for allowing sodomy to spread. So, confusion is much more widespread than anyone could imagine. It's like the Great Prophet said in:

Yeremyah 23:11-15

11 For both prophet and priest are profane! Yes, even in My own House I have found their wickedness! says Yahweh.

12 And so, their way will be slippery places to them; in the darkness they will be driven on, and fall in the darkness; for they will bring trouble upon themselves every time they commit sexual sins, says Yahweh.

13 I have seen folly; *offense*, in the prophets of Samaria—they prophesied by baal; the Lord, and caused My People Israyl to err; go astray.

14 I have also seen in the prophets of Yerusalem a horrible thing—they commit adultery and walk in lies; *they turn from Yahweh and follow after the Gods (elohim)!* They also strengthen the hands of evildoers, so that no one turns back from his wickedness. All of them are like Sodom to Me, and her inhabitants are like Gomorrah.

15 Therefore, this is what Yahweh our Father says concerning these prophets; Behold, they will be fed with wormwood, and they will be made to drink the water of gall; for from the prophets of Yerusalem profaneness has gone out into all the world.

The profaneness Yeremyah speaks of is sodomy, the rape of children, and all iniquity. These sodomites were not Yahweh's Inspired Prophets. Notice:

Yeremyah 23:21-22, 26

21 I have not sent these prophets, yet they ran; I have not

spoken of them, yet they prophesied.

22 But if they had stood in My Counsel, and had caused My People to hear My Words; *the Laws and the Prophets*, then they would have turned them from their evil way, and from the evil of their doings.

26 How long will *this* be in the heart of the prophets who prophecy lies? Yes, *they are* prophets of the deceit of their own minds.

Data on the Crisis

The Human Toll

Thousands of Catholic clergy and religious have raped and sodomized tens of thousands of children—perhaps more than 100,000 children—since 1950.

BishopAccountability.org

More Confusion is Witnessed in School Shootings

Washington school shooter texted lunch table invites to victims

By **Steve Almasy, Kevin Conlon and Ben Brumfield, CNN**

updated 10:21 PM EDT, Mon October 27, 2014

(CNN) – The five victims in last week's shooting at a Washington high school were invited to the same lunch table by the shooter.

"It's our understanding he (invited them) via texting," Snohomish County Sheriff Ty Trenary told reporters Monday.

Witnesses say Jaylen Fryberg, a popular freshman, opened fire Friday in the crowded lunchroom at Marysville-Pilchuck High School, about 34 miles north of Seattle.

He saw Jaylen go up to a table of students, "came up from behind ... and fired about six bullets into the backs of them," Jordan told CNN. "They were his friends, so it wasn't just random."

CNN.com

If It's A School Week In America, Odds Are There Will Be A School Shooting

Since the 2012 shooting at Sandy Hook Elementary School in Newtown, Connecticut, there have been an average of 1.37 school shootings for each school week, according to data maintained by Everytown for Gun Safety, a group fighting to end gun violence.

Including Tuesday's incident at a high school in Troutdale, Oregon, 74 school shootings have taken place in the approximately 18 months since the Dec. 14, 2012, Newtown shooting. The average school year typically lasts about 180 days, which means there have been roughly 270 school days, or 54 weeks, of class since the shooting at Newtown. With 74 total incidents over that period, the nation is averaging well over a shooting per school week.

Huffingtonpost.com

History of School Shootings in the United States

1940s

- May 6, 1940 South Pasadena, California
- May 23, 1940 New York City, New York
- July 4, 1940: Valhalla, New York
- September 12, 1940 Uniontown, Pennsylvania
- October 2, 1942 New York City, New York
- February 23, 1943 Port Chester, NY
- June 26, 1946: Brooklyn, New York
- November 24, 1946 – New York City
- December 24, 1948: New York City

- March 11, 1949: New York City
- November 13, 1949 Columbus, Ohio

1950s

- July 22, 1950 New York City, New York
- November 27, 1951 New York City, New York
- April 9, 1952 New York City, New York
- July 14, 1952 New York City, New York
- September 3, 1952 in Lawrenceville, Illinois
- November 20, 1952 New York City, New York
- October 2, 1953 Chicago, Illinois
- October 8, 1953: New York City, New York
- May 15, 1954 Chapel Hill, North Carolina
- January 11, 1955 Swarthmore, Pennsylvania.
- April 17, 1956 New York City, New York
- May 4, 1956 in Prince George's County, Maryland
- October 20, 1956: New York City, New York
- March 4, 1958: New York City, New York
- May 1, 1958: Massapequa, New York
- September 24, 1959: New York City, New York

1960s

- February 2, 1960 Hartford City, Indiana.
- June 7, 1960 Blaine, Minnesota
- April 20, 1961 Chicago, Illinois
- October 17, 1961 Denver, Colorado
- August 1, 1966 University of Texas
- November 12, 1966 Mesa, Arizona
- January 30, 1968 Miami, Florida
- February 8, 1968 Orangeburg, South Carolina
- May 22, 1968 Miami, Florida
- January 17, 1969 Los Angeles, California
- November 19, 1969 Tomah, Wisconsin

1970s

- May 1970 Jackson State University
- May 1970 Kent State
- December 30, 1974 Olean, New York
- June 12, 1976 California State University, Fullerton
- February 22, 1978 Lansing, Michigan
- January 29, 1979 Grover Cleveland Elementary School, California

1980s

- January 20, 1983 St. Louis County, Missouri
- September 1986 to September 1990 (four year period):

At least 71 people (65 students and 6 school employees) had been killed

201 were severely wounded

242 individuals were held hostage

- September 4, 1985 Richmond, Virginia
- October 18, 1985 Detroit, Michigan
- November 26, 1985 Spanaway, Washington
- December 9, 1985 Philadelphia, Pennsylvania
- December 10, 1985 Portland, Connecticut
- May 16, 1986 Cokeville Elementary School
- March 2, 1987 Missouri
- May 20, 1988 Winnetka, Illinois
- September 26, 1988 Greenwood, South Carolina
- December 16, 1988 Virginia Beach, Virginia
- January 17, 1989 Stockton, California

1990s

- May 1, 1992 Olivehurst, California
- 1992–1993 (44 Homicides and 55 Deaths resulting from school shootings in the U.S.)
- 1993–1994 (42 Homicides and 51 Deaths resulting from school shootings in the U.S.)
- 1994–1995 (17 Homicides and 20 Deaths resulting from school shootings in the U.S.)
- 1995–1996 (29 Homicides and 35 Deaths resulting from school shootings in the U.S.)
- 1996–1997 (23 Homicides and 25 Deaths resulting from school shootings in the U.S.)
- 1997–1998 (35 Homicides and 40 Deaths resulting from school shootings in the U.S.)
- 1998–1999 (25 Homicides from school shootings in the U.S.)
- 1999–2000 (25 Homicides from school shootings in the U.S.)
- October 12, 1995 Blackville, South Carolina
- November 15, 1995 Lynnville, Tennessee
- February 2, 1996 Moses Lake, Washington
- February 19, 1997 Bethel, Alaska
- October 1, 1997 Pearl, Mississippi

- December 1, 1997 West Paducah, Kentucky
- December 15, 1997 Stamps, Arkansas
- March 24, 1998 Jonesboro, Arkansas
- April 24, 1998 Edinboro, Pennsylvania
- May 21, 1998 Springfield, Oregon
- June 15, 1998 Richmond, Virginia
- April 20, 1999 Littleton, Colorado
- May 20, 1999 Conyers, Georgia Six

2000s – Present

- 2000–2001 (19 Deaths resulting from school shootings in the U.S.)
- 2001–2002 (4 Deaths resulting from school shootings in the U.S.)
- 2002–2003 (14 Deaths resulting from school shootings in the U.S.)
- 2003–2004 (29 Deaths resulting from school shootings in the U.S.)
- 2004–2005 (20 Deaths resulting from school shootings in the U.S.)
- 2005–2006 (5 Deaths resulting from school shootings in the U.S.)
- 2006–2007 (38 Deaths resulting from school shootings in the U.S.)
- 2007–2008 (3 Deaths resulting from school shootings in the U.S.)
- 2008–2009 (10 Deaths resulting from school shootings in the U.S.)
- 2009–2010 (5 Deaths resulting from school shootings in the U.S.)

K12Academics.com

Consider one more point of proof–murder–to show the absurdity

of this global paradox.

List of countries by intentional homicide rate

The United Nations Office on Drugs and Crime (UNODC) has a site called Global Study on Homicide. The data for the table below comes from that site. Rates are calculated per 100,000 inhabitants. Intentional homicide, as defined by UNODC, is “unlawful death purposefully inflicted on a person by another person”.

UNODC murder rates most recent year ^[6]		
Region	Rate	Count
Americas	16.3	157,000
Africa	12.5	135,000
World	6.2	437,000
Europe	3.0	22,000
Oceania	3.0	1,100
Asia	2.9	122,000

wikipedia.com

Where Did the Confusion Start?

To correct the situation or tribulation (crisis) in which all nations are involved, leaving them frustrated and fearing the worst yet to come, we must understand where mankind first went wrong. We can correct our future by turning from the mistakes that brought us to this nuclear point. Please read carefully

and give yourself the opportunity to understand what is carefully shown by Yahweh to mankind.

The very first history is shown in the Inspired Scriptures, which is the best Instruction book ever written. There has never been anything to prove it wrong. In **Genesis Chapter 4**, we see the first murder. The events that led up to this first murder show the whys. Notice, carefully, the history.

Genesis 4:1-8

1 Now Adam knew Eve his wife, and she conceived and bore Cain, and *she* said; I have brought forth a man with the help of Yahweh.

2 Then she bore again; this time his brother Abel *was born*. Now Abel was a keeper of sheep, but Cain was a tiller of the ground.

3 And on one of Yahweh's Sabbaths, it came to pass that Cain brought an offering of the fruit of the ground to Yahweh;

4 And Abel, *besides bringing his offering of the fruit of the ground*, also brought a *sacrifice* of the firstlings of his flock and of their fat. And Yahweh honored Abel and his offerings;

5 But He did not honor Cain and his offering. And Cain was very angry, and his countenance fell.

6 So Yahweh said to Cain: Why are you angry? Why are you downcast?

7 If you do Righteousness, will you not be acceptable? And if you do not do Righteousness, sin is crouching at your door. The desire to sin is with you, but you must overcome it!

8 Now Cain talked with Abel his brother; and it came to pass, when they were spread abroad, that Cain rose against Abel his brother and killed him.

In **Genesis 4:7**, Yahweh shows us the answer. The answer is Righteousness. After this bit of history, Yahweh inspired His Prophets to warn us over and over of this same thing. Do Righteousness and the curses will stop. The evil of the Gods will no longer bring these curses.

Genesis 3:5

For He knows that in the day you eat of it, your eyes will be opened, and you will be as Gods (elohim), knowing Righteousness and evil.

Did you notice? The evil or sin that is with you, that is bringing the curses, will stop. Righteousness?

Deuteronomy 6:25

And it will be our Righteousness if we observe to do all of these Laws before Yahweh our Father, as He has commanded us.

I Yahchanan 3:4, 7-8, 10

4 Whoever commits sin, transgresses also the Laws; for sin is the transgression of the Laws.

7 Little children, let no man deceive you; he who practices Righteousness is Righteous, just as He is Righteous.

8 He who commits sin is of the devil, for the devil has sinned from the beginning. For this purpose the Son of Yahweh was manifested; that He might destroy the works of the devil.

10 In this the Children of Yahweh and the children of the devil are manifest. Whoever does not practice Righteousness is not of Yahweh, and he does not love his neighbor!

The whole world has always rejected this Righteousness and the religions are all teaching against it, even to this day. **Genesis 4:6** shows us in the life of Cain, the same situations we see in the lives of nearly all people on earth today. Notice the anger, being downcast, depression, emotionally disheartened. Many murders take place when there is anger that the person will not or cannot let go of. Most of the time, the anger is not understood, but it's chosen. It can be and is very often expressed physically and is passed to the children by ancestors. Notice the following:

Anger, Forgiveness, Depression

...behind the outrage...is typically a sense of fear, a sense of powerlessness.

Anger is not really a primary emotion. It can be what is "easiest" to express. What is often *under* that anger is fear. By acknowledging your fear, you get to the root of your feelings.

...one of the key things to remember about anger is that many people see it as a great motivator. If you forgive for a transgression – such as the murder of a child or perhaps hurtful words – then does that mean you will forget what happened? Absolutely not.

At the same time, I think people often are reluctant to forgive because they somehow feel that if they forgive, then they are excusing the bad behavior. It's as if we're saying that by forgiving someone, it justifies what that person did. This couldn't be further from the truth. Resentment is like drinking poison – and expecting the other person to die. The only one who is made sick is the one harboring the resentment.

Of course, it's often easy to let go of minor... But what happens when something much more terrible happens in your life? Will you be able to move on?

Resentment and anger are not only *toxic*, but often *intoxicating*. Anger can sometimes act as an antidote to feeling powerless: You can feel really powerful when you are indignant. But, like many drugs, the feeling is artificial and fleeting.

Forgiveness is really a choice we make. If we wait for the feeling to fill our hearts, inspiring us to forgive, we could spend our lives waiting. It is a decision – a conscious decision. While we don't have control over events that occurred in the past, we have some say over what role those events play in our present. You may find that you may not necessarily feel *immediately* better after you forgive, but as with many things in life, action often precedes motivation.

Remember: Your mind is like a magnifying glass. Whatever you focus on will expand. Do you want to focus on resentment, or forgiveness? Which one, do you believe, will ultimately make you feel (and live) better?

PBS.com

The cause of Cain's problem is shown in **verse 7**. He had the desire to sin. But Yahweh instructed him with a question: "If you do Righteousness, will you not be acceptable?" The fault of hatred and the desire to murder were not with Abel, but with Cain, himself. To receive acceptability, we are shown that sin must be overcome. So we see that sin, the breaking of Yahweh's Laws of Righteousness, was the culprit that caused Cain to retain anger and to eventually commit murder, killing his brother Abel.

Notice what **verse 7** is saying; if you do Righteousness, you

will be acceptable. However, if you do not do Righteousness, sin lies at the door of everything you set your mind to do. So to rid yourself of hatred, anger and war, you must overcome sin.

The instruction given to Cain and Abel is meant for all mankind, nations, and kingdoms. It's shown and promised to bring Peace and to stop wars altogether.

Isayah 2:1-4

1 The word that Isayah son of Amoz saw concerning Yahdah and Yerusalem.

2 It will come to pass in the Last Days, *that* the mountain; *promotion*, of The House of Yahweh will be established in the chief of the nations, and will be raised above all congregations; and all nations will *eventually* flow to it.

3 And many people will go and say; Come, and let us go up to the mountain of Yahweh, to the House of the Father of Yaaqob, and He will teach us of His Ways, and we will walk in His paths. For the Laws will depart from Zion, and the Word of Yahweh *will depart* from Yerusalem.

4 He will judge among the nations, and will rebuke many people; they will beat their swords into plowshares, and their spears into pruninghooks; nation will not lift up sword against nation, neither will they learn war anymore.

Why are we not reaping these benefits today?

Galatians 6:6-10

6 Let him who is trained in the Laws of Yahweh share all Righteous things with him who is learning, *thereby contributing to his spiritual support.*

7 Do not be deceived, Yahweh is not mocked; for whatever a man sows, that will he also reap.

8 For he who sows to his flesh, from the flesh will reap corruption; but he who sows to Yahweh, from Yahweh will reap Everlasting Life.

9 And let us not grow weary of doing Righteousness, for in due time we will reap, if we do not faint; *if we endure to The End.*

10 Therefore, as the opportunity arises, let us do Righteousness to all, especially to the members of the Family of the Faith; *The House of Yahweh.*

To make this lesson even more clear, compare what the Apostle Shaul (Paul) wrote concerning overcoming sin, just as Yahweh instructed Cain, in:

Genesis 4:6-7

6 So Yahweh said to Cain: Why are you angry? Why are you downcast?

7 If you do Righteousness, will you not be acceptable? And if you do not do Righteousness, sin *is* crouching at your door. The desire to sin is with you, but you must overcome it!

Ephesians 4:22-32

22 That you put off, concerning your former conduct, the old man which is corrupt according to the deceitful lusts;

23 And be renewed in the spirit of your mind;

24 And that you put on the new man, which is being created according to Yahweh in Righteousness and True Holiness.

25 Therefore, putting away lying, each one speak the Truth

with his neighbor, for we are members, one of another.

26 Be angry, but do not sin; do not let the sun go down on your wrath;

27 *For this* gives place to the devil; *give her no room nor opportunity!*

28 Let him who stole, steal no more; but rather, let him labor, working with *his* hands at something proper, that he may have something to give him who has need.

29 Let no corrupt communication; *foul language, evil word*, proceed out of your mouth; but that which is righteous for the necessary upbuilding of The House of Yahweh, that it may minister blessings to the hearers.

30 And do not grieve the Holy Spirit of Yahweh, by which you were sealed for the day of redemption.

31 Let all bitterness, wrath; *rage, anger, clamor; brawling*, and evil speaking; *gossip, slander, blasphemy*, be put away from you, along with all malice.

32 And be kind to one another, tenderhearted, forgiving one another, just as Yahweh for the Messiah's sake has forgiven you.

Notice also what he wrote in:

I Corinthians 6:9-10

9 Do you not know that the unrighteous will not inherit the Kingdom of Yahweh? Do not deceive yourselves. Neither fornicators, nor God worshipers (worshippers of elohim), nor adulterers, nor men who commit sexual perversions with boys, nor men who commit sexual perversions with other men,

10 Nor thieves, nor covetous, nor drunkards, nor revilers, nor

extortioners, will inherit the Kingdom of Yahweh.

So why are we reaping curses? Simply because the religions forsake these Laws of Righteousness. They refuse to teach Yahweh's Righteousness; and we, the people, are reaping the curses, as Cain.

Yahdah 1:11

Woe to them! For they have gone in the way of Cain, have run greedily in the error of Balaam for reward, and have perished in the rebellion of Korah!

Isayah 24:1-6

1 Before Yahweh's *very* Eyes, the earth is made empty and it is made waste; the face of it is perverted and its inhabitants scattered abroad;

2 And it will be: as with the people, so with the priest; as with the servant, so with his owner; as with the maid, so with her mistress; as with the buyer, so with the seller; as with the lender, so with the borrower; as with him who takes usury, so with him who gives usury to him:

3 The land will be utterly emptied and utterly plundered, for it has come to pass that this Judgment has been pronounced.

4 The earth mourns and fades away, the world mourns and fades away, and the haughty people of the earth languish.

5 The earth also is defiled under the inhabitants of it, because they have transgressed the Laws, changed the Ordinance, and broken the Everlasting Covenant.

6 Because of this, the curse has devoured the earth, and they who dwell therein are desolate; therefore, the inhabitants of the earth are burned, and few men left.

Revelation 18:1-6, 8-9

1 And after these things I saw another Malak come down from heaven, having Great Authority; and the earth was enlightened with His Glory.

2 And he cried mightily with a strong voice, saying: Babylon the great is fallen, is fallen, and is become the habitation of demons, and the hold of every foul spirit, and a cage of every unclean and hateful bird.

3 For all nations have drunk of the wine of the wrath of her fornication, and the kings of the earth have committed fornication with her, and the merchants of the earth have grown rich through the abundance of her delicacies.

4 And I heard another voice from heaven, saying: Come out of her, My People, so that you do not partake in her sins, and so that you do not receive of her plagues,

5 For her sins have reached unto heaven, and Yahweh has remembered her iniquities!

6 Render to her just as she rendered to you, and repay her double according to her works! In the cup which she has mixed, mix for her double!

8 Therefore, her plagues will come in one day—death, and mourning, and famine; and she will be utterly burned with fire; for strong is Father Yahweh Who judges her.

9 And the kings of the earth, who have committed fornication and lived luxuriously with her, will wail over her, and lament for her, when they will see the smoke of her burning—

Genesis 4:8

Now Cain talked with Abel his brother; and it came to pass, when they were spread abroad, that Cain rose against Abel his brother and killed him.

Notice Cain killed Abel, and the killing continues today.

Genesis 4:14

Surely You have driven me out this day from the face of the ground; I shall not be seen by Your Face. I shall be a fugitive and a vagabond on the earth, for there shall be continual war, vengeance, and retaliation.

This verse is not just speaking about Cain and the curses he brought upon himself. It's also speaking of the world (people), the way they follow, for all the world has gone the way of Cain.

The Way of Cain Now in This Generation

Deuteronomy 28:15-29

15 However, if you do not obey Yahweh your Father, and do not carefully follow all His Laws and His statutes, which I command you this day, then all these curses will come upon you, and accompany you:

16 Cursed will you be in the city, and cursed will you be in the country.

17 Cursed will be your basket and your storehouse.

18 Cursed will be the fruit of your body, the produce of your land, the calves of your herds, and the lambs of your flocks.

19 Cursed will you be when you come in, and cursed will you be when you go out.

20 Because of the wickedness you have done in forsaking Me, it will come to pass that you will have given yourselves over to curses, confusion, and rebuke, in everything you put your hand to do, until you are destroyed and come to sudden ruin.

21 It will come to pass that you will cause the plagues to cling to you, until you are destroyed from the land you are entering to possess.

22 It will come to pass that you will *cause yourselves* to be struck with consumption, with a fever, with an inflammation, with scorching heat, with the sword, with blasting, and with mildew; they will stay with you, until you perish.

23 And the heaven that is over your heads shall be brass, and the earth under you shall be iron.

24 It will come to pass that you will cause the rain of your land to *become* powder and dust: from heaven it shall come down upon you, until you are destroyed.

25 It will come to pass that you will cause yourselves to be defeated before your enemies; you will go out in one direction against them, and flee in seven directions in front of them. You will be an awe-inspiring spectacle to all the kingdoms of the earth.

26 Your carcasses will be food for all the birds of the air, and the beasts of the earth; and there will be no one to frighten them away.

27 It will come to pass that you will cause yourselves to be afflicted with the diseases of Egypt, with tumors, with festering sores, and the itch—from which you cannot be healed.

28 It will come to pass that you will be afflicted with madness; *spiritual* blindness, and confusion of mind.

29 And you shall grope at noonday; *reduced to blind helplessness*, just as a blind man gropes in darkness. You will

not be successful in any of your ways; you will only be oppressed and robbed continually, with no one to rescue you.

Yahdah 1:11

Woe to them! For they have gone in the way of Cain, have run greedily in the error of Balaam for reward, and have perished in the rebellion of Korah!

Remember **Genesis 4:7**— if you do Righteousness, you will be acceptable. Righteousness and Sin?

Deuteronomy 6:25

And it will be our Righteousness if we observe to do all of these Laws before Yahweh our Father, as He has commanded us.

I Yahchanan 3:4, 7-8, 10

4 Whoever commits sin, transgresses also the Laws; for sin is the transgression of the Laws.

7 Little children, let no man deceive you; he who practices Righteousness is Righteous, just as He is Righteous.

8 He who commits sin is of the devil, for the devil has sinned from the beginning. For this purpose the Son of Yahweh was manifested; that He might destroy the works of the devil.

10 In this the Children of Yahweh and the children of the devil are manifest. Whoever does not practice Righteousness is not of Yahweh, and he does not love his neighbor!

Did you get **verse 7**? Let no man deceive you. Compare:

II Thessalonians 2:1-12

1 Now we plead with you, brothers, concerning the coming of

our King, Yahshua Messiah, and our gathering together to Him,

2 That you not be soon shaken in mind, nor be troubled, neither by spirit, nor by word, nor by letter as *if* from us, as that the day of Yahweh is at hand.

3 Let no man deceive you by any means; for *that day will not come*, unless there comes a falling away first, and that servant of sin is revealed: the son of perdition,

4 Who is an adversary, and exalts himself above all, declaring himself a God (el), and he is to be worshiped; so that he, as a God (el), sits in the temple of God (beth-el), showing himself to be a God (el).

5 Do you not remember that when I was still with you, I told you these things?

6 And now you know what is restraining him, so that he may be revealed in his time.

7 For the mystery of iniquity is already working, but the One restraining him will continue to restrain him, until he is made to appear in the midst.

8 And then that lawless one will be revealed, whom Yahshua will remove with the breath of His Mouth, and make powerless with the appearance of His coming—

9 Whose coming is according to the energy of Satan, *who works* with all power, and signs, and lying wonders,

10 And with all deceivableness of sin in those who are perishing, because they did not receive the love of the Truth, that they might be saved.

11 And for this reason, Yahweh will send them strong delusions, that they would believe the deception,

12 In order that all those may be judged *as* not having

believed the Truth, but as having delighted in sin.

More Clearly, the Way of Cain

This is speaking of the whole world today. The way of Cain means the religious acts followed by Cain, Balaam, and Korah, which were acts of rebellion against the Righteous Laws that would produce in mankind healthy minds. A healthy mind produces healthy reasoning, void of confusion, and joyous attitudes, relationships, and activities.

The Righteous Laws, the whole world is rejecting at this time, would bring peace between nations. Those Righteous Laws are the only way to Peace. Breaking them, as did Cain, Balaam, and Korah, is the sure way to continual war.

Yahdah 1:11

Woe to them! For they have gone in the way of Cain, have run greedily in the error of Balaam for reward, and have perished in the rebellion of Korah!

Mattithyah 24:37

But just as the days of Noah *were*, so will also be the coming of the Son of Man.

Genesis 4:6-8

6 So Yahweh said to Cain: Why are you angry? Why are you downcast?

7 If you do Righteousness, will you not be acceptable? And if you do not do Righteousness, sin *is* crouching at your door. The desire to sin is with you, but you must overcome it!

8 Now Cain talked with Abel his brother; and it came to pass,

when they were spread abroad, that Cain rose against Abel his brother and killed him.

Please consider the Laws and the Promise Yahweh shows they will bring to the Quartet.

Genesis 7:1

Then Yahweh said to Noah: Come into the ark, you and all your household, for I have seen you Righteous before Me in this generation.

Remember the word **Righteous**.

I Yahchanan 3:4, 7-8, 10-12

4 Whoever commits sin, transgresses also the Laws; for sin is the transgression of the Laws.

7 Little children, let no man deceive you; he who practices Righteousness is Righteous, just as He is Righteous.

8 He who commits sin is of the devil, for the devil has sinned from the beginning. For this purpose the Son of Yahweh was manifested; that He might destroy the works of the devil.

10 In this the Children of Yahweh and the children of the devil are manifest. Whoever does not practice Righteousness is not of Yahweh, and he does not love his neighbor!

11 For this is the Message that you heard from the beginning, that we should love one another.

12 Not as Cain, who was of that wicked one, and murdered his brother. And why did he murder his brother? Because his works were evil, and his brother's were Righteous.

Remember, all religions are going the way of Cain, today, in this Last Generation.

Mattithyah 24:33-34, 37-39

33 In the same way, when you see all these things, know that *His coming and The End of the Ages* are near, at the very door.

34 Truly I say to you: That generation will not pass away, until all these things are fulfilled.

37 But just as the days of Noah were, so will also be the coming of the Son of Man;

38 For just as in those days before the flood they were eating and drinking, marrying while giving in marriage, until the day that Noah went into the ark,

39 And did not know until the flood came and swept them all away. So also will be the coming of the Son of Man.

How could Yahshua know that the religions would be rejecting Yahweh's Laws of Righteousness in this present, prophesied generation? The Savior, Yahshua Messiah, said, in *The Book of Yahweh*, that hatred is judged as the sin of murder. Remember:

Genesis 4:6

So Yahweh said to Cain: Why are you angry? Why are you downcast?

That anger led to murder.

Genesis 4:8

Now Cain talked with Abel his brother; and it came to pass,

when they were spread abroad, that Cain rose against Abel his brother and killed him.

The promise in **Genesis 4:7** shows that Righteousness turns one from anger and, in so doing, turns one from murder, war, revenge, and retaliation.

Genesis 4:14

Surely You have driven me out this day from the face of the ground; I shall not be seen by Your Face. I shall be a fugitive and a vagabond on the earth, for there shall be continual war, vengeance, and retaliation.

The Laws of Righteousness are Laws of Health

The Laws of Yahweh, as written in *The Book of Yahweh* by the Inspired Prophets of Yahweh, not of the Gods (**Genesis 3:5**), cover every aspect of life—from before birth in the actions of parents, grandparents, and great grandparents, to after birth. They assure character education for each and every child. Yahweh's Laws of Righteousness also cover every aspect of health, which ensures no birth defects in children; therefore, assuring each child a healthy mind and body.

Microorganisms

The kingdoms of microorganisms that make up each organ of man's body need constant feeding of clean foods. Foods that Yahweh proclaims as clean also bring pleasure and assure that pleasure will never end for what we call taste buds, which are

also live microbes, that will always be plenteous and healthy. They are kept healthy by clean foods. These taste buds or microbes can be damaged by eating 'foods' shown in Yahweh's Righteous Laws to be unclean. When damaged, the microbes start losing joy in nourishing the body. The eating and rejoicing in meals become less enjoyable; therefore, lessening the joy, rejoicing, friendship, and feasting that are assured, by Law, for those who practice Righteousness together. These keep the set Appointments with Yahweh, shown in:

Deuteronomy 12:5, 7-8

5 But you are to seek the Habitation of your Father; The House of Yahweh—the place which Yahweh your Father shall choose out of all your tribes to establish His Name—and there you must go.

7 There, in front of Yahweh your Father, you and your families shall eat, and you shall rejoice in all that you have put your hand to do, because Yahweh your Father has blessed you.

8 You must not at all do as we are doing here this day—every man doing whatever is right in his own eyes—

Trillions or more kingdoms of microbes, by Law, supply the body and organs. One organ, in particular, I would like to talk about in this article is the liver, not to present every function the liver performs in service to the other organs, but only one of its many works. I'll discuss the kingdom of microbes called serotonin, the complex amine, that works throughout the body in your blood, which seems to be the highway to every part of your body, over and especially the brain. Serotonin performs jobs throughout the body, assisting other micro-kingdoms in doing their jobs to keep your body working as a whole, rejoicing, and what was named earlier eating and sending useable clean, nourishment to all the different micro-kingdoms that make up the whole body of man.

What is serotonin? What does serotonin do?

Last updated: 1 September 2014

Last updated: 1 Sep 2014

What is serotonin?

- Serotonin is created by a biochemical conversion process which combines tryptophan, a component of proteins, with tryptophan hydroxylase, a chemical reactor. Together, they form 5-hydroxytryptamine (5-HT), also referred to as serotonin.
- Serotonin is most commonly believed to be a neurotransmitter, although some consider the chemical to be a hormone.

Where does serotonin come from?

- Serotonin is manufactured in the brain and the intestines. The majority of the body's serotonin, between 80-90%, can be found in the gastrointestinal (GI) tract. It can also be found in the blood platelets and the central nervous system (CNS).
- As serotonin can be found widely across the body, it is believed that the chemical plays a role in influencing a variety of body and psychological functions.
- Serotonin cannot cross the blood-brain barrier, therefore, serotonin that is used inside the brain must be produced within it.

What does serotonin do?

- As a neurotransmitter, serotonin relays signals between nerve cells (neurons), regulating their intensity.
- **Serotonin is widely believed to play a key role in the central nervous system, as well as in the general functioning of the body and in particular the GI tract. Studies have found links between serotonin and bone metabolism, breast milk production, liver regeneration and cell division.**
- As a neurotransmitter, serotonin influences both directly and indirectly the majority of brain cells.

Medical News Today

Sickness, or as Scripture shows it to be, defilement of any kind, shape, or size, is caused when microbes that work to keep your organs supplied with energy are attacked by enemy microbes that have invaded your body and the areas in which the friendly microbes work and live. Scripture shows us these enemies and tells us how to prevent them from invading our bodies and making war against any of the billions of microbes, such as serotonin, that supply your organs—eyes, lungs, heart, brain, etc.—with life-giving nourishment.

Serotonin is only one of millions of different, needful microkingdoms that Yahweh's Laws show us how to keep healthy; otherwise, dying you will die.

Genesis 2:17

But of the tree of the knowledge of Righteousness and evil you must not eat, for in the day that you eat of it you will surely die.

Swine, when eaten by man, is an enemy to serotonin because it

contains trichinae, which has a very small hair-like body, causing trichinosis. One of the many defilements spoken of by Yahweh's Prophets is trichinosis that can cause our body to suffer when we do not practice Yahweh's Laws of Health.

Trichinae

Pork Facts – Food Quality and Safety

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Parasite Biology and Epidemiology Laboratory

Beltsville, Maryland 20705

Introduction

Trichinella spiralis is a parasitic nematode (roundworm) which is found in many warm-blooded carnivores and omnivores, including pigs. *Trichinella* has a direct life cycle, which means it completes all stages of development in one host. Transmission from one host to another host can only occur by ingestion of muscle tissue which is infected with the encysted larval stage of the parasite. When ingested, muscle larvae excyst and enter tissues of the small intestine, where they undergo development to the adult stage. Male and female adult parasites mate and produce newborn larvae which leave the intestine and migrate, through the circulatory system, to striated muscle tissue. There, they penetrate a muscle cell, modify it to become a unique cyst, and mature to become infective for another host. The total time required for this development is from 17 to 21 days. Adult worms continue to produce larvae in pigs for several weeks before they are expelled.

Trichinella and pork

Trichinella spiralis has a long standing association with pork products, not only in the U.S. but around the world. The concept which many people have about the need to cook pork thoroughly is based on the risk of becoming infected with this parasite. This concern is well founded in history. At the beginning of the 20th century conservative estimates showed a 2.5% infection rate in U.S. pigs. Even more alarming were postmortem surveys, conducted in the 1930's. A National Institute of Health report published in 1943 found 16.2% of the U.S. population to be infected (1 out of every 6 people). This type of information led to considerable publicity on the dangers of eating pork.

Is Pork Still Dangerous?

Did Leviticus (Chapter 11) get it right?...

Published on February 8, 2012 by Paul & Shou-Ching Jaminet in Perfect Health Diet

Pork Consumption and Liver Cirrhosis

Pork consumption has a strong epidemiological association with cirrhosis of the liver. Startlingly, pork may be even more strongly associated with alcoholic cirrhosis than alcohol itself!

The evidence was summarized by Francis Bridges in a recent (2009) paper [1], building on earlier work by Nanji and French [2]. A relation between pork consumption and cirrhosis of the liver is apparent across countries and has been consistently maintained for at least 40 years.

In epidemiological studies, beef, lamb, and pork are often

grouped together as “red meat.” However, this may conceal differences between pork and the ruminant meats. Bridges found that beef actually appeared protective against cirrhosis:

In the present study using 2003 data, a significant negative association between dietary beef and rates of cirrhosis mortality was found... [D]ietary beef may be a protective factor regarding the pathogenesis of alcoholic cirrhosis. [1]

Here is Nanji and French summarizing the correlation of pork with liver disease even in the absence of alcohol:

In countries with low alcohol consumption, no correlation was obtained between alcohol consumption and cirrhosis. However, a significant correlation was obtained between cirrhosis and pork. A similar relationship was seen in the ten Canadian provinces, where there was no correlation between cirrhosis mortality and alcohol consumption, but a significant correlation was obtained with pork. [2]

Pork and Liver Cancer

We would expect that if pork can cause liver cirrhosis it will also promote liver cancer, since injured and inflamed tissues are more likely to become cancerous.

Indeed, there is an association between pork consumption and the primary liver cancer, hepatocellular carcinoma. Nanji and French [3] write:

The authors investigated the possibility that dietary fat, meat, beef, and pork consumption might be factors that would, in addition to alcohol, correlate with mortality from hepatocellular carcinoma (HCC) in different countries...

The correlation between HCC and alcohol was 0.40 ($p < 0.05$); that with pork consumption was also 0.40 ($p < 0.05$). There was no correlation with total fat meat, beef, and cigarette and tobacco consumption.

The correlation with pork consumption is as strong as that for alcohol. Beef has no relation at all liver cancer.

Conclusion

There are remarkably strong correlations between pork consumption and liver disease, liver cancer, and multiple sclerosis.

Psychology Today

Serotonin helps a person, such as a world leader, to overcome anger. The body's ability to absorb tryptophan is necessary for the production of serotonin, from healthy foods. Notice, I said healthy foods, because ideal conditions must be present for the body to produce serotonin. Of course, today's food supply is very lacking in the necessary elements needed to sustain the body, allowing it to produce a healthy mind and organs. Therefore, we have a world full of sick, confused minds. That's why we must get Yahweh's Health program started now for all people, in all nations all over the world.

What we are facing in this generation are deep-rooted problems that are being passed from parents to children as far back as four generations. The sooner we get all people on a clean diet, the sooner the confusion will start to subside.

I urge all world leaders to act quickly while there is yet time to stop the crises before a confused mind initiates a

nuclear first strike.

Address to President Putin and President Obama

I address you, Russian President Vladimir Putin and United States President Barack Obama. I know that both of you are facing impossible odds. But I see in Prophecy that in the end, which will be very soon, both of you will turn to the Great Wisdom of Yahweh that will turn this impossible leviathan around.

You have taken your offices in the end of the 6,000 years that Yahweh allotted to mankind. In the last part of this Last Generation, the earth is defiled and depleted, as are the physical conditions of the people. Notice the condition of the soil that feeds the people, and you will see that the problems are serious.

Scientist's Dire Warning About Destruction of Soil

An international soil scientist is calling on the government to focus attention on the most important issue facing the world, soil quality.

Dr John Baker says, while the issues of global warming and water and air quality are frequently debated, soil quality is ignored.

He says 90 percent of our food comes from annually-sown crops growing in soil and, in the next 20-30 years, nations have to find a way of producing more food from the same amount of soil.

“Soil feeds us. It’s as simple as that,” Dr Baker says. “Yet we are pre-occupied with another report on Climate Change while people are going hungry and we haven’t addressed the urgent need to feed another 50 percent of our population by 2050.”

“The government and its ministries can provide leadership on this by recognising how we’ve been raping our soils for years and introduce measures to restore the essential nutrients.”

Dr Baker, who has a MAgrSc in soil science and Ph.D in agricultural engineering from Masey Univresity, says, for generations, the world has been stripping the soil of carbon and organic matter and giving nothing back.

“The end result is that the organic matter and carbon levels in all of the world’s arable soils have declined cumulatively over the long period that’s elapsed since man began tilling the soil,” he comments.

I’d like to interject here and make it known that “tilling the soil” is not a sin; it does not hurt the earth. Man’s illegal, lustful activities, on the other hand, are sin. Sin is what has created and mutated STDs, that are in the bodies of mankind, that have invaded the air and soil doing damage by weakening the beneficial microbes of the earth and air. This defiles the earth, the atmosphere, man, and his food production.

“Most of the world’s arable soils that, may have had 6-16 percent of organic matter before...now have 0-1 percent as a result of... man’s activities.

“That low level of organic matter won’t support the soil biology which lives on organic matter.” ...when it’s being

attacked by deadly microorganisms.

By soil biology Dr Baker means the microbes and other soil organisms...that teem in healthy soil. These soil microbes hold the soil particles together and stop it eroding... making food healthier.

Scoop Independent News

Believe the Scriptures. Notice the cause.

Isayah 24:1-6

1 Before Yahweh's *very* Eyes, the earth is made empty and it is made waste; the face of it is perverted and its inhabitants scattered abroad;

2 And it will be: as with the people, so with the priest; as with the servant, so with his owner; as with the maid, so with her mistress; as with the buyer, so with the seller; as with the lender, so with the borrower; as with him who takes usury, so with him who gives usury to him:

3 The land will be utterly emptied and utterly plundered, for it has come to pass that this Judgment has been pronounced.

4 The earth mourns and fades away, the world mourns and fades away, and the haughty people of the earth languish.

5 The earth also is defiled under the inhabitants of it, because they have transgressed the Laws, changed the Ordinance, and broken the Everlasting Covenant.

6 Because of this, the curse has devoured the earth, and they who dwell therein are desolate; therefore, the inhabitants of the earth are burned, and few men left.

Revelation 18:1-5

1 And after these things I saw another malak come down from heaven, having great authority; and the earth was enlightened with His glory.

2 And he cried mightily with a strong voice, saying: Babylon the great is fallen, is fallen, and is become the habitation of demons, and the hold of every foul spirit, and a cage of every unclean and hateful bird.

3 For all nations have drunk of the wine of the wrath of her fornication, and the kings of the earth have committed fornication with her, and the merchants of the earth have grown rich through the abundance of her delicacies.

4 And I heard another voice from heaven, saying: Come out of her, My People, so that you do not partake in her sins, and so that you do not receive of her plagues,

5 For her sins have reached unto heaven, and Yahweh has remembered her iniquities!

Now compare that information with one more look at serotonin, the microbes that assist the body in thinking, reasoning, and expressing emotions and anger. Serotonin does more than this, but these four traits involve mankind's decision making process. At this time in history, these four traits are at an all time weakness because of diet (eating unclean animals) and STDs caused by acts of sodomy, fornication, homosexuality, adultery, and bestiality. Notice this next article on serotonin.

What Are the Causes of Low Serotonin Levels?

Last Updated: Jan 17, 2014 | By Jeffrey Traister

Overview

Serotonin is a neurotransmitter that has numerous physiological functions in the central nervous system. It is made from l-tryptophan, an essential amino acid found in many protein foods. Low serotonin levels in the brain occur from dietary deficiencies of certain nutrients, intake of a substance found in tea and psychological factors that occur in childhood. Serotonin deficiencies are associated with various medical conditions and psychiatric disorders ...

Low Dietary Levels of L-Tryptophan

Psychiatric research scientists at McGill University observed that low levels of l-tryptophan in the brain caused reduced synthesis of serotonin. Depleting l-tryptophan in the diet results in a transient decline in brain serotonin levels, whereas higher levels of dietary tryptophan can increase brain serotonin. L-tryptophan enters the brain through the blood brain barrier. The amount of L-tryptophan that crosses the blood brain barrier can be altered by the concentration or ratio of l-tryptophan to other amino acids in the plasma, particularly the branched chain amino acids such as leucine, isoleucine and valine. Consuming a meal high in protein and low in carbohydrates reduces the ratio of l-tryptophan to branched chain amino acids, and in turn, reduces the amount of l-tryptophan that enters the brain to synthesize serotonin.

Childhood Abuse

Scientists at the New York State Psychiatric Institute discovered that physical or psychological adversity in childhood can lower serotonin function and levels in the brain. Adults with depression who reported childhood abuse had lower brain serotonin transporter-binding potential proportional to the number of available transporters compared with adults with depression who did not report childhood abuse. Serotonin abnormalities occurred across all regions of the brain. Childhood abuse predisposes a person to development of serotonin abnormalities and consequent psychiatric illness such as depression in adulthood.

Livestrong.com

Serotonin Function

By Dr Ananya Mandal, MD

Serotonin is an important neurotransmitter in the function of the central nervous system and the gastrointestinal tract in both non-vertebrates and vertebrates.

Some of the functions of serotonin in vertebrate animals include:

Serotonin is a mood regulator in vertebrate animals, including humans. Activation of one form of serotonin receptor in the brain called the 5-HT_{1A} receptor has been shown to prevent

aggression. In addition, mutations in the gene that code for this receptor have been associated with an increased risk of suicide.

Within the intestines, serotonin regulates intestinal movement.

In the brain, serotonin is involved in regulating several important functions including sleep, appetite, feeding, and body weight. Abnormal serotonin levels are also associated with problems such as suicidal tendency, obsessive compulsive disorder, alcoholism and anxiety.

news-medical.net

We see in the previous article that serotonin plays a role in the function of the central nervous system. STDs can disrupt the central nervous system, meaning they have an effect on serotonin.

Herpes Virus May Play Role In Central Nervous System Diseases

Scientists have discovered evidence suggesting a herpes virus may be responsible for some cases of meningitis and encephalitis. Human herpesvirus 6 (HHV-6) is one of the most prevalent in humans. There are two variants of HHV-6, HHV-6A and HHV-6B which is attributed to a common childhood disease characterized by a high fever and rash.

Sciencedaily

HIV and the Nervous System

HIV (human immunodeficiency virus) is the virus that causes AIDS—acquired immunodeficiency syndrome. It invades and impairs the body's immune system—parts and processes of the body that fight disease and infection. As a result, HIV-infected patients lose the ability to fight off infections, including neurological infections. In some cases, HIV can live for a long time inside of a person's body before any signs of a suppressed immune system develop.

HIV can cause damage to both the central nervous system—the brain and spinal cord—and the peripheral nervous system—the nerves leading to and from the central nervous system. Damage can vary and may be caused by HIV itself, AIDS-related cancers, or other infections that an otherwise healthy immune system would be able to prevent.

The most common HIV neurological infection is cerebral toxoplasmosis—a protzoa (type of parasite) that causes tissue damage leading to speech difficulties, seizures, confusion, and lethargy. HIV infection can cause encephalitis, swelling of the brain, or meningitis, swelling of the membranes that surround the brain. It also can cause problems with thinking (AIDS dementia complex) and changes in behavior.

Healthcommunities.com

The results are getting to the explosion point. Prophecy shows the exploding point is in this present generation and we are

in the last part of it now. In these days of the history of mankind, sin is at its peak. Sin is defined in:

I Yahchanan 3:4, 7-8, 10

4 Whoever commits sin, transgresses also the Laws; for sin is the transgression of the Laws.

7 Little children, let no man deceive you; he who practices Righteousness is Righteous, just as He is Righteous.

8 He who commits sin is of the devil, for the devil has sinned from the beginning. For this purpose the Son of Yahweh was manifested; that He might destroy the works of the devil.

10 In this the Children of Yahweh and the children of the devil are manifest. Whoever does not practice Righteousness is not of Yahweh, and he does not love his neighbor!

The health of mankind is at its weakest point. Like the defiled soil that Dr. Baker is trying to draw attention to, mankind's bodies are also defiled and weak. The Prophet of Yahweh, Isayah, shows that like the depleted earth, the whole world of people is also fading away.

Isayah 24:1-6, 18-20

1 Before Yahweh's *very* Eyes, the earth is made empty and it is made waste; the face of it is perverted and its inhabitants scattered abroad;

2 And it will be: as with the people, so with the priest; as with the servant, so with his owner; as with the maid, so with her mistress; as with the buyer, so with the seller; as with the lender, so with the borrower; as with him who takes usury, so with him who gives usury to him:

3 The land will be utterly emptied and utterly plundered, for

it has come to pass that this Judgment has been pronounced.

4 The earth mourns and fades away, the world mourns and fades away, and the haughty people of the earth languish.

5 The earth also is defiled under the inhabitants of it, because they have transgressed the Laws, changed the Ordinance, and broken the Everlasting Covenant.

6 Because of this, the curse has devoured the earth, and they who dwell therein are desolate; therefore, the inhabitants of the earth are burned, and few men left.

18 And it will come to pass, *that* he who flees from the noise of the fear will fall into the pit; and he who comes up from the midst of the pit will be caught in the snare; for the windows from on high are open, and the foundations of the earth are shaken.

19 The earth is utterly broken down, the earth is dissolved clean, the earth is shaken exceedingly.

20 The earth will reel to and fro like a drunkard, and will sway like a hut. The transgression in it will be heavy upon it; it will fall, and not rise again.

In **verse 4**, the Hebrew word translated **world** means *globe and inhabitants*. This means they are dying, as **Genesis 2:17** shows, *dying you will die*. This Warning was given in the beginning, but it was not heeded.

Genesis 2:7-9

7 And Yahweh formed man *of* the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being.

8 Yahweh planted a garden eastward in Eden, and there He put

the man whom He had formed.

9 And out of the ground Yahweh made every tree grow that is pleasant to the sight, and desirable for food. The Tree of Life was in the midst of the garden, and the tree of the knowledge of Righteousness and evil was in the midst also.

Compare:

Genesis 3:5, 7

5 For He knows that in the day you eat of it, your eyes will be opened, and you will be as Gods (elohim), knowing Righteousness and evil.

7 Then the eyes of both of them were opened, and they realized that they had sinned; they had violated Yahweh's Laws. *Because* they had not kept Yahweh's Laws, they were afraid.

Being like the evil Gods brings defilement and death.

Genesis 2:16-17

16 And Yahweh commanded the man, saying: Of every tree of the garden you may freely eat;

17 But of the tree of the knowledge of Righteousness and evil you must not eat, for in the day that you eat of it you will surely die.

We see in **Genesis 2:16** that you may eat and rejoice by eating of every tree except the tree of the evil of the Gods. In **Genesis 2:17**, but the tree of the evil like the Gods, you must not eat. In the day you start partaking of this evil, dying,

defilement, mourning, and fading away begin to overtake you; dying you will die. Because of the weakness of your body and mind, due to the curse that comes from being evil like the Gods, **Genesis 3:5**, your minds will be void of wisdom and understanding. You will be like the blind groping in the dark.

Isayah 59:10

We grope for the wall like the blind, and we grope as if we *had* no eyes; we stumble at noonday as in the night; *we are* in desolate places as the dead.

Remember, confusion from the evil of the Gods as shown in:

Leviticus 18:19-23

19 Also, you shall not have sexual relations with a woman during the uncleanness of her monthly period; *niddah*, nor during any similar uncleanness; *zavah*.

20 Moreover, you shall not have sexual relations with your neighbor's wife, to defile yourself, *along* with her.

21 You shall not give any of your children to be passed through the fire, to sacrifice them to Molech. You shall not profane the Name of Yahweh *by giving your children to gods (elohim)*. I *am* Yahweh.

22 You shall not have sexual relations with a man, as with a woman. It is an abomination.

23 Neither shall you have sexual relations with any animal and defile yourself, *along* with it; neither shall any woman present herself to have sexual relations with an animal. It is confusion and perversion.

You do not know the way to Peace because of the path you have

chosen.

Isayah 59:8

They do not know the way of Peace, and *there is* no judgment in their goings: they have made themselves crooked paths; whoever walks on them will not know peace.

How?

Isayah 59:3

For your hands are defiled with blood, and your fingers with iniquity; *sin*. Your lips have spoken lies, your tongue has muttered perverseness.

The whole world (**Isayah 24:5-6**) in this Last Generation (**Matt. 24:33-34**) will look for justice, but there is none.

Isayah 59:11

We groan like bears, all of us; we moan mournfully like doves; we look for Justice, but there is none—for Salvation, but it is far from us.

President Vladimir Putin, along with 800 leaders, is now asking for Justice, for Just Laws that we can all live with. The Laws of Yahweh are the only set of Laws that will fit that bill perfectly. They are just for all. They are absolutely Perfect for all nations and all individuals.

When a person goes contrary to one of those Laws, he brings suffering upon himself. In keeping them, he brings blessings to himself. In studying them, anyone can see the benefits in practicing this Righteousness, and the harm he brings for not

practicing it.

Because...

Isayah 59:12-15

12 For our transgressions are multiplied before You, and our sins testify against us; for our transgressions *are* with us, and *as for* our iniquities, we know them—

13 In transgressing and lying against Yahweh, and turning away from following our Father, speaking oppression and rebellion, conceiving and uttering from the mind words of falsehood:

14 So Judgment is driven backwards, and Justice stands afar off, for Truth is fallen in the street, and equity cannot enter.

15 Yes, Truth; *the Laws*, is suppressed; and he *who* departs from evil; *upholds the Laws*, is accounted as mad; *makes himself a prey!* Yahweh saw *this*, and it displeased Him that *there was* no Justice.

Verse 15, study this closely. It shows clearly that the religions are suppressing the Laws of Righteousness; thereby, bringing tribulation on the people. Therefore, you will bring nuclear wars that will darken the sun in this generation.

Mattithyah 24:21-22, 29

21 For then will be Great Tribulation, such as has not come to pass since the beginning of the world to this time—no, nor ever will be.

22 And unless those days were shortened, there would no flesh be saved; but for the Elect's sake, those days will be shortened.

29 Immediately, *but* after the *Great Tribulation* of those days will the sun be darkened, and the moon will not give her light, and the stars will fall from heaven, and the powers of the heavens will be shaken.

This Prophecy was given over 2,000 years before 1934, the date that started this present, prophesied generation.

Daniyl 12:4 shows in the time of The End, knowledge increased. **Daniyl 12:1** shows the greatest time of trouble ever.

The Evolution of the Modern Computer (1934 to 1950): An Open Source Graphical History

For the record. I believe that The Manchester Mk I Prototype was the first Computer in a modern sense. But the text file is not intended to prove this or any other machine was first. It is only intended to record the known dates and influences for computing machines designed between 1934 and 1950. I believe that the graph is complex enough to support many interpretations.

virtualtravelog.net

Mattithyah 24:3, 7, 21-22, 29, 33-34

3 Now as He sat on the Mount of Olives, the Disciples came to Him privately, saying; Tell us, when will these things be? What *will be* the sign of Your coming and The End of the Ages?

7 For nation will rise against nation, and kingdom against kingdom, and there will be famines, and pestilences; *disease epidemics*, and earthquakes; *environmental disasters*, in place

after place:

21 For then will be Great Tribulation, such as has not come to pass since the beginning of the world to this time—no, nor ever will be.

22 And unless those days were shortened, there would no flesh be saved; but for the Elect's sake, those days will be shortened.

29 Immediately, *but* after the *Great Tribulation* of those days will the sun be darkened, and the moon will not give her light, and the stars will fall from heaven, and the powers of the heavens will be shaken.

33 In the same way, when you see all these things, know that *His coming and The End of the Ages* are near, at the very door.

34 Truly I say to you: That generation will not pass away, until all these things are fulfilled.

Verse 29 shows the nuclear bomb.

Leo Szilard – Nuclear Chain Reaction Patent:

On July 4, 1934 Leo Szilard filed the first patent application for the method of producing a nuclear chain reaction aka nuclear explosion. His British patent included a description of a “neutron induced chain reactions to create explosions”, and the concept of critical mass. The patent was given to the British War Office as part of the war effort.

nuclearweaponarchive.org

Micahyah 4:1-3

1 But in the Last Days it will come to pass *that* the mountain; promotion, of The House of Yahweh will be established in the chief of the nations. It will be raised above all congregations; and all peoples will *eventually* flow to it.

2 And many people will go and say; Come, and let us go up to the mountain; *uplifting*, of Yahweh, and to the House of the Father of Yaaqob, and He will teach us of His Ways, and we will walk in His Paths. Because the Laws will depart from Zion, and the Word of Yahweh from Yerusalem.

3 And He will judge between many people, and rebuke strong nations afar off; and they will beat their swords into plowshares, and their spears into pruninghooks. Nation will not lift up sword against nation, nor will they learn war anymore.

1934 is the year I was born. It would be well worth your time to see the rest of the Prophecies concerning the Two Witnesses and the Last Days' Warning.

Mattithyah 24:14

And this joyous Message of the Kingdom of Yahweh shall be preached in all the world *from* The House of Yahweh *at* Abel by the Witness Yisrayl; for Yahweh will be with him. *He will preach this Message* to all nations; and then The End will come.

Yahshua Messiah shows that before, and along with the wars, sickness, disease, and weak minds will be present.

Mattithyah 24:7, 37-39

7 For nation will rise against nation, and kingdom against kingdom, and there will be famines, and pestilences; *disease*

epidemics, and earthquakes; environmental disasters, in place after place:

37 But just as the days of Noah were, so will also be the coming of the Son of Man;

38 For just as in those days before the flood they were eating and drinking, marrying while giving in marriage, until the day that Noah went into the ark,

39 And did not know until the flood came and swept them all away. So also will be the coming of the Son of Man.

Days of Noah.

Genesis 6:5

Then Yahweh saw that the wickedness of man was great in the earth, and every intent of the thoughts of *man's* heart was only evil, continually.

Nuclear bombs would have never been invented had Yahweh's Laws of Righteousness not been suppressed.

All of this is because the Laws of Yahweh are suppressed, neglected and set aside, by the leading religions.

Isayah 59:15

Yes, Truth; the Laws, is suppressed; and he *who* departs from evil; *upholds the Laws*, is accounted as mad; *makes himself a prey!* Yahweh saw *this*, and it displeased Him that *there was no Justice*.

Isayah 59:1-2

1 Behold, Yahweh's Hand is not shortened, that it cannot save;

nor His Ear heavy, that it cannot hear.

2 But your own iniquities have separated you from your Father; and your own sins have *caused Him* to hide *His* face from you, so He will not listen.

In this Generation

Mattithyah 24:33-34

33 In the same way, when you see all these things, know that *His coming and The End of the Ages* are near, at the very door.

34 Truly I say to you: That generation will not pass away, until all these things are fulfilled.

President Obama says we need to find a peaceful solution. President Putin of Russia says we need laws on which we all can agree. While the leading religion that sits on the seven hills of Rome (**Rev. 17:9**) says the Laws were done away with. So I ask, what is next for mankind?

My Comments on Pope Francis' Homily

It's not the law that saves you – it's Christ, Pope reflects

Vatican City, Oct 31, 2014 / 01:34 pm (CAN/EWTN News) – Christians who cling to the law and not to love are like the hypocrite Pharisees in the Gospel, Pope Francis said in today's homily.

Practicing Yahweh's Laws is practicing Love. Read the Inspired Apostles' Words.

II Yahchanan 1:5-6

5 But now I plead with you, lady, not as though I wrote any new Laws to you, but that which we had from the beginning: That we love one another—

6 And this is love: That we walk after His Laws. Those are the Laws, that, as you have heard from the beginning, you should walk in them.

I Yahchanan 5:2-3

2 By this we know that we love the children of Yahweh: When we love Yahweh by keeping His Laws.

3 For this is the love of Yahweh: That we keep His Laws, and His Laws are not grievous.

Yahchanan 14:15

If you love Me, keep My Commandments.

Mattithyah 19:17

But He said to him: Why do you question Me about Righteousness? There is only One Who is the Standard of Perfection, and He is Yahweh; so if you would enter into Life, keep the Laws of Yahweh.

Revelation 22:12-14

12 And behold, I come quickly, and My Reward *is* with Me, to give every man according as his work will be.

13 I am the First and the Last, the Beginning and the End.

14 Blessed *are* those who keep His Laws, that they may have right to the Tree of Life, and may enter in through the gates into the City.

I Yahchanan 3:4, 7-8, 10

4 Whoever commits sin, transgresses also the Laws; for sin is the transgression of the Laws.

7 Little children, let no man deceive you; he who practices Righteousness is Righteous, just as He is Righteous.

8 He who commits sin is of the devil, for the devil has sinned from the beginning. For this purpose the Son of Yahweh was manifested; that He might destroy the works of the devil.

10 In this the Children of Yahweh and the children of the devil are manifest. Whoever does not practice Righteousness is not of Yahweh, and he does not love his neighbor!

Notice **verse 10**, whoever does not practice Righteousness (keeping the Laws) is not of Yahweh and does not love his neighbor. Continuing in the article:

After Jesus meets a sick person in a Pharisee's home on the Sabbath day in Luke 14:1-6, he asks the Pharisees and scholars of the Jewish law present: "Is it lawful to cure on the Sabbath or not?"

Receiving only silent stares, Jesus heals the man and then tells the Pharisees: "Who among you, if your son or ox falls into a cistern, would not immediately pull him out on the Sabbath day?"

Jesus' actions show that love and justice, not an excessive attachment to the laws, are the path to holiness, Pope Francis

said.

The pharisees, sadducees, essenes, and herodians did not keep Yahweh's Laws. Believe Yahshua's Words.

Yahchanan 7:19

Were not the Laws given to you through Mosheh? And yet none of you keep the Laws! Why do you seek to kill Me?

Yahshua was, and still is, the Teacher of how to keep the Seventh Day Sabbath. Pope Francis, write, call or email us for that information. If you practice breaking even one Law, you are guilty of breaking them all.

Yaaqob 2:10

For whoever keeps the whole Law, and yet offends in one *point*, he is guilty of all.

There remains the keeping of the Seventh Day Sabbath.

Hebrews 4:1-11

1 Therefore, since a promise of entering His Rest remains, let us be faithful so that none of you should come short of it.

2 For this Message was preached to us, as well as to them; but the word which they heard did not benefit them, because they did not share in the Faith of those who obeyed—

3 However, we who have believed do enter that Rest, as He has said: So I vowed in My judgment; They will not enter into My Rest, although the works were finished from the foundation of the world,

4 For He spoke in a certain place of the Seventh *Day*, in this way: And Yahweh rested the Seventh Day from all His works.

5 And in this *place* again: If they will enter into My Rest.

6 Since therefore it remains that some *must* enter it, and those to whom it was first preached did not enter because of disobedience,

7 Again, He designates a certain day, saying in David: ‘‘Today,’’ after so long a time, as it has been said: Today, if you will hear His voice, do not harden your hearts.

8 Now Yahshua caused them to Rest in obedience to the Law, spoken of by Yahweh in a day previously.

9 Therefore, there remains the keeping of the Sabbath to the people of Yahweh,

10 For he who has entered into His Rest has also ceased from his own works, as Yahweh *did* from His.

11 Therefore, let us be zealous to enter into that Rest, so that no one may fall after the same example of unbelief.

See also:

Hebrews 10:16

This is the Covenant that I will renew with them after those days, says Yahweh: I will put My Laws into their hearts, and in their minds I will write them.

Breaking Yahweh’s Seventh Day Sabbath, the Fourth Commandment, is a sin.

Romans 6:23

For the wages of sin is death; but the gift of Yahweh is Eternal Life through Yahshua Messiah, our Savior.

Romans 6:16

Do you not know that to whom you yield yourselves as servants to obey, his servants you are whom you obey—whether of sin, *which leads to death*, or of obedience, *which leads to Righteousness*?

Pope Francis has been fighting against Yahweh's Laws of Righteousness for so long that he may not know that much of his confusion comes from eating swine's flesh, which fills his blood vessels with abominable things. This brings hatred for the only thing that would help him to overcome. Read:

Psalms 19:7

The Laws of Yahweh are Perfect, converting the whole person. The Testimony of Yahweh is sure, making the simple ones wise.

Continuing in the article, *It's not the law that saves you – it's Christ, Pope reflects*:

“This way of life of being attached to the laws, distanced (the Pharisees)...

Not true! The pharisees did not keep Yahweh's Laws.

Yahchanan 7:19

Were not the Laws given to you through Mosheh? And yet none of you keep the Laws! Why do you seek to kill Me?

Mattithyah 15:1-3

1 Then scribes and Pharisees from Yerusalem came to Yahshua, and said;

2 Why do Your Disciples transgress the traditions of the elders? For they do not wash their hands when they eat.

3 But He answered, and said to them: And why do you transgress the Laws of Yahweh by your traditions?

They kept traditions.

Yahchanan Mark 7:9, 13

9 Then He said to them: How well you reject the Laws of Yahweh, so that you may keep your own traditions!

13 Making the Laws of Yahweh of no effect through your traditions you have handed down! And many other similar things you do.

These are some of the traditions of evil God worship, which you still practice today, such as christmas and halloween.

Yeremyah 10:1-5

1 Hear the word which Yahweh speaks concerning you, O house of Israyl.

2 This is what Yahweh says: Do not learn the way; religious practices, of the heathen; unbelievers; and do not be deceived by the signs of heaven; though the heathen are deceived by them.

3 For the *religious* customs of the peoples *are* vain; *worthless!* For *one* cuts a tree out of the forest, the work of

the hands of the workman, with the ax.

4 They decorate it with silver and with gold; they fasten it with nails and with hammers, so that it will not move; *topple over*.

5 They *are* upright, like a palm tree, but they cannot speak; they must be carried, because they cannot go *by themselves*. Do not give them reverence! They cannot do evil, nor *is it* in them to do Righteousness!

Isayah 65:2-5, 7

2 I have spread out My Hands all the day to a rebellious people, who walk in a way *which is* not right, after their own thoughts; *devices*;

3 A people who continually act defiantly against Me to My Face; who offer sacrifices to the dead, and offer their children to deadly sexually transmitted diseases;

4 Who assemble and spend the night keeping memorials for the dead, who eat swine's flesh, and the broth of abominable things is *in* their vessels,

5 Who say; Stand by yourself! Do not come near me, for I am holier than you! These *are* a stench in My nostrils, a fire that burns all the day.

7 You and your fathers have transgressed My Laws together, says Yahweh. You have burned incense upon the mountains, and blasphemed Me upon the hills. Therefore your reward for what you have done will be measured into your nakedness which you have *shamefully* exposed.

Verse 4 is speaking of halloween. The pharisees, sadducees, essense, and herodians practiced all the things you practice today. Continuing in the article, *It's not the law that saves*

you – it's Christ, Pope reflects:

...from love and from justice. They followed the laws and they neglected justice," he said. "They followed the laws and they neglected love."

No! Love is keeping Yahweh's Laws.

II Yahchanan 1:6

And this is love: That we walk after His Laws. Those are the Laws, that, as you have heard from the beginning, you should walk in them.

"And for those people Jesus had only one word (to describe them): hypocrites," the Pope continued.

Again, no! The word **hypocrite** is shown in:

Isayah 65:5

Who say; Stand by yourself! Do not come near me, for I am holier than you! These *are* a stench in My nostrils, a fire that burns all the day.

"Closed-minded men, men who are so attached to the laws, to the letter of the law that they were always closing the doorway to hope, love and salvation... Men who only knew how to close (doors)."

Love and Salvation? Notice the Savior's Words.

Revelation 22:12-14

12 And behold, I come quickly, and My Reward *is* with Me, to give every man according as his work will be.

13 I am the First and the Last, the Beginning and the End.

14 Blessed *are* those who keep His Laws, that they may have right to the Tree of Life, and may enter in through the gates into the City.

Throughout the New Testament, one of the most difficult things for some of the Jews to accept is the abolition of the old law, which bound the Jews to 613 commandments, or Mitzvot. Because Christ establishes a new covenant between God and man, the old law is fulfilled and no longer necessary.

No, not so! Read for yourself. It's even in the catholic bible.

Hebrews 10:16

This is the Covenant that I will renew with them after those days, says Yahweh: I will put My Laws into their hearts, and in their minds I will write them.

Hebrews 10:24-27

24 And let us consider one another, how we may urge *one another* on *toward* love and Righteous works;

25 Not forsaking the gathering of ourselves together, as the manner of some *is*, but exhorting *one another*; and so much the more as you see the day approaching.

26 For if we sin willfully after we have received the knowledge of the Truth, there no longer remains a sacrifice for sins,

27 But a certain fearful expectation of judgment, and fiery indignation which will devour the adversaries.

II Kepha 2:21-22

21 For it would have been better for them not to have known the way of Righteousness, than, after they have known it, to turn from the Holy Laws delivered to them.

22 There has befallen them the thing spoken of in the true proverb: A dog returns to his own vomit, and: A sow is washed, only to wallow again in the mire.

Paul, you say. Have you ever read:

I Corinthians 6:9-10

9 Do you not know that the unrighteous will not inherit the Kingdom of Yahweh? Do not deceive yourselves. Neither fornicators, nor God worshipers (worshippers of elohim), nor adulterers, nor men who commit sexual perversions with boys, nor men who commit sexual perversions with other men,

10 Nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners, will inherit the Kingdom of Yahweh.

Or, have you ever read the letter he wrote to your roman catholic church on the seven hills of Rome.

Romans 1:16-32

16 For I am not ashamed of the Message, for it is the Strength of Yahweh unto Life Everlasting for everyone who believes: to

the Yahdai first, and also to the Greek.

17 For in this Message is the Righteousness of Yahweh revealed, *originating* from the Faith *and leading* to the Faith; as it is written: The just will live by the Faith.

18 For the Judgment of Yahweh is revealed from heaven against all unholiness and unrighteousness of men, who suppress the Truth in unrighteousness.

19 For that which is known about Yahweh is manifest to them, because Yahweh has shown *it* to them.

20 For since the creation of the world, the invisible things of Him are clearly seen—His Eternal Power and Holiness—being understood by the things that are written; so that they are without excuse.

21 Because that, when they knew Yahweh, they did not glorify *Him* as Father, nor were thankful, but became idolatrous; *God worshipers (worshippers of elohim)*, in their reasoning, and their senseless minds were darkened.

22 Professing themselves to be wise, they became fools; *simpletons*,

23 And exchanged the glory of the uncorruptible Father for images, made to resemble corruptible man, and birds, four-footed beasts, and creeping things.

24 Therefore, Yahweh also gave them up to uncleanness through the lusts of their own minds, to dishonor their own bodies between themselves:

25 Who exchanged the Truth of Yahweh for the lie; *lords (baalim), Gods, Goddesses (elohim) and demons*, and worshiped and served the creation, rather than the Creator, Who is blessed forever. *Praise Yahweh! HalleluYahweh!*

26 For this reason Yahweh gave them up to degrading passions:

for even their women exchanged the original use into that which is against the original.

27 And the men did the same thing: leaving the original use of the woman, they burned in their lusts for one another; men committing shameful acts with men, and suffering in their own bodies the penalty for their error, which is *their* fitting retribution.

28 And so, since they did not like to retain Yahweh in their knowledge, it came to pass that they were given over to a reprobate mind, to do those things which are not proper;

29 Causing to arise all unrighteousness, sexual impurity, wickedness, covetousness, maliciousness; full of envy, murder, strife, deceit, and malice. *They are* great slanderers,

30 Backbiters; *slanderers*, haters of Yahweh, spiteful, arrogant, and boastful. *They are* inventors of evil things, disobedient to parents,

31 And without understanding. *They are* covenant-breakers, without original affection, implacable; *truce breakers*, and unmerciful:

32 Who, knowing the Righteous Judgment of Yahweh, that those who practice such things deserve death, not only continue to do these very things, but also approve of those who practice them.

St. Paul spends a great deal of time in his letters chiding new Christians for clinging to the old law as well.

catholicnewsagency.com

Back to serotonin.

Neurotransmitter Repletion

Neurotransmitters are the naturally occurring chemicals inside your body that transmit messages between nerve cells. In the brain alone there are 183 different neurotransmitters. Two major neurotransmitters are serotonin and catecholamines, which includes norepinephrine, epinephrine, and dopamine.

For years it has been known in medicine that low levels of Serotonin and/or Norepinephrine can cause many diseases and illness. Some of the diseases and/or illnesses caused by or associated with low levels of Serotonin and/or Norepinephrine include: Depression/Moody; Anxiety; Panic Attacks; Insomnia/Sleep disorders; Premenstrual Tension; Fibromyalgia; Obesity; Anorexia; Bulimia; "Hypoglycemia"; Chronic pain states; Migraines; ADD/ADHD; Restless Leg Syndrome

In addition, over 60 diseases and illnesses may be caused by or associated with neurotransmitter deficiency. Low neurotransmitter levels is not only very common, it is epidemic.

"How do the levels of serotonin and catecholamine neurotransmitters get to such critically low levels?" There are several explanations.

- The first is that neurotransmitter depletion is nutritionally based. Neurotransmitters are made from amino acids that must be obtained from protein in the diet. If the diet is deficient, neurotransmitter deficiency develops.
- There are multiple medications that have shown to cause depletion of serotonin and/or catecholamine in the

urine. These are the medications prescribed to increase the activity of serotonin in the brain... Apparently as a result of increasing the brain level of serotonin, the body increases the metabolism of serotonin and thus the levels slowly decline because these medications do nothing to increase the level, they just re-circulate the already low level.

- It has been suggested that several SSRI medications deplete 40-60% of the serotonin receptors in the brain. It is also reported that receptors in the liver, kidneys, and colon are also damaged by SSRIs.
- ...ephedrine, ephedra, guarana, and other stimulants including Ritalin...etc. also seem to reduce the effectiveness of neurotransmitters thereby creating a resistance to neurotransmitters.
- Sensory overload. The brain is bombarded by sounds, rapid visual effects from television, movies, electronic monitors flickering faster than the eye can detect, radio waves, fluorescent artificial light, etc. All of this requires the brain to modulate this sensory bombardment so that you can stay focused on the task in front of you. Brain overload means that you have to literally calm yourself down.
- Rapid lifestyle, stress, over work, chronic pain, etc. may also contribute.
- Since the largest source of neurotransmitters is the gastrointestinal tract, dysfunction as discussed above could be a major contributory component. This would include congestive bowel toxicity, Candida/yeast overgrowth conditions, increased intestinal permeability (leaky gut syndrome), IBS, & inflammatory bowel.
- ... additional mechanisms by which neurotransmitters are lost: ingestion of various food allergens or sensitivities, inhalation or ingestion of various chemicals, chemical sensitivities, rapid changes in hormone levels, rapid changes in barometric pressure, head cold or sinus congestion, rapid changes in blood

sugars, dehydration, inadequate exposure to sunlight (hence the excessive conversion of serotonin to melatonin), and hepatobiliary dysfunction. These remarks may be based on the precipitation of migraines, which Dr. Allocca assumes to always be related to serotonin imbalance.

raypeat.com

Follow the Priest Who Eats Swine

It's easy to see that the Prophets of Yahweh are speaking of the woman who sits on the seven hills that is now leader of the kings of the earth, leading them into war against each other, as is shown in:

Isayah 14:12-17, 21, 26

12 How you have fallen from heaven, O Hillel; *Lucifer, Aphrodite, Venus*, child of the light! How you are cut down to the ground, you who weakened the nations!

13 For you have said in your heart; I will ascend above the heavens; I will raise my throne above the stars of Yahweh. I will sit in the highest place on the holy mountain of the congregation.

14 I will ascend above the heights of the clouds; I will be like the Most High.

15 Yet you will be brought down to sheol; *the grave*, to the sides of the pit.

16 Those who see you will stare at you, and they will talk about you, *saying; Is this the one; the adversary*, who shook the earth, and made kingdoms tremble?

17 *Is this the one who made the world like a wilderness, who overthrew the cities in it, and who would not let her captives go free?*

21 Prepare slaughter for her children, because of the iniquity of their fathers; so that they may not rise, possess the earth, and fill the face of the world with cities.

26 This is the purpose; *plan*, that is purposed upon the whole earth; this is the hand that is stretched out upon all the nations.

The queen of heaven hopes to destroy mankind to keep them from achieving the goal set by Yahweh in:

Genesis 1:26

Then Yahweh said: I will make man in My Image, according to My Likeness; they will have Authority over the fish of the sea, over the birds of the air, over the cattle, and over all the earth and over every creeping thing that creeps upon the earth.

Psalms 8:1-6

1 How excellent is Your Great Name in all the earth, Yahweh our Father! You have Your Glory firmly set above the starry frame; *the heavens*.

2 From the mouths of babes and sucklings strength by You is ordained, so You would still the enemy; the avenger would be crushed!

3 When we consider Your heavens, the work Your Fingers framed, the work of the moon and of the stars, which were by You ordained;

4 What is man that You are mindful of him? And the son of man,

that You visit him?

5 For You have made him a little lower than the malakim, but You will crown him with glory and honor.

6 You made man to be the ruler over the works of Your Hands; You will put all things under his feet.

Who are they?

Revelation 22:12-15

12 And behold, I come quickly, and My Reward *is* with Me, to give every man according as his work will be.

13 I am the First and the Last, the Beginning and the End.

14 Blessed *are* those who keep His Laws, that they may have right to the Tree of Life, and may enter in through the gates into the City.

15 For outside *are* dogs, and sorcerers, and whoremongers, and murderers, and worshipers of Gods (elohim) and everyone *who professes* to love, yet practices breaking the Laws.

Serotonin levels affect the brain's response to anger

Date: September 15, 2011

Source: University of Cambridge

Summary: Fluctuations of serotonin levels in the brain, which often occur when someone hasn't eaten or is stressed, affects brain regions that enable people to regulate anger, new research has shown.

Fluctuations of serotonin levels in the brain, which often occur when someone hasn't eaten or is stressed, affects brain regions that enable people to regulate anger, new research from the University of Cambridge has shown.

Although reduced serotonin levels have previously been implicated in aggression, this is the first study which has shown how this chemical helps regulate behaviour in the brain as well as why some individuals may be more prone to aggression. The research findings were published September 15, in the journal *Biological Psychiatry*.

The research revealed that low brain serotonin made communications between specific brain regions of the emotional limbic system of the brain (a structure called the amygdala) and the frontal lobes weaker compared to those present under normal levels of serotonin. The findings suggest that when serotonin levels are low, it may be more difficult for the prefrontal cortex to control emotional responses to anger that are generated within the amygdala.

Although these results came from healthy volunteers, they are also relevant for a broad range of psychiatric disorders in which violence is a common problem. For example, these results may help to explain the brain mechanisms of a psychiatric disorder known as intermittent explosive disorder (IED). Individuals with IED typically show intense, extreme and uncontrollable outbursts of violence which may be triggered by cues of provocation such as a facial expression of anger.

Sciencedaily.com

Nations Must All Have the Same Group of Laws; Otherwise, They Can't Work Together

One Scripture should be published all over the world several times each day until everyone on earth understands the need and agrees to follow it.

Serotonin, or kingdoms of these microbes work together with trillions of kingdoms of other microbes to make the body function properly. As science knows very well, these kingdoms of microbes are set by law to work together in unity.

When one Law is broken, even what some would consider a small Law, such as not eating unclean animals; for example the swine, that unity then becomes disunity. As a result, trouble, called sickness but referred to as defilement in the Scriptures, begins. This is because an enemy has invaded your body and started wars that begin breaking down the organs supplied by serotonin.

The works, called serotonin, become inspired and can supply what is required for the mind to keep it working perfectly until it is sickened by pork, etc.

The Nations of the World Today

The world operates exactly like man's body. The kingdoms need laws that are just and perfect that they all can agree to follow in order to bring peace. STDs do not agree with the kingdoms of microbes that operate your body. The HIV-AIDS virus rapes, injures, steals, and murders the beneficial, peaceful microbes in your body. The HIV-AIDS virus is not in agreement with Yahweh's set Laws that work to keep the micro-kingdoms in unity. The end, thereof, is death. Now think!

Leviticus 11:7-8

7 And the pig, although it has a split hoof completely divided, yet it does not chew the cud; it *is* unclean to you.

8 Their meat you shall not eat, and their carcasses you shall not touch. They *are* unclean to you.

Isayah 65:2-5

2 I have spread out My Hands all the day to a rebellious people, who walk in a way *which is* not right, after their own thoughts; *devices*;

3 A people who continually act defiantly against Me to My Face; who offer sacrifices to the dead, and offer their children to deadly sexually transmitted diseases;

4 Who assemble and spend the night keeping memorials for the dead, who eat swine's flesh, and the broth of abominable things is *in* their vessels,

5 Who say; Stand by yourself! Do not come near me, for I am holier than you! These *are* a stench in My nostrils, a fire that burns all the day.

Genesis 3:5

For He knows that in the day you eat of it, your eyes will be opened, and you will be as Gods (elohim), knowing Righteousness and evil.

Genesis 2:17

But of the tree of the knowledge of Righteousness and evil you must not eat, for in the day that you eat of it you will surely die.

Isayah 24:1-6

1 Before Yahweh's *very* Eyes, the earth is made empty and it is made waste; the face of it is perverted and its inhabitants scattered abroad;

2 And it will be: as with the people, so with the priest; as with the servant, so with his owner; as with the maid, so with

her mistress; as with the buyer, so with the seller; as with the lender, so with the borrower; as with him who takes usury, so with him who gives usury to him:

3 The land will be utterly emptied and utterly plundered, for it has come to pass that this Judgment has been pronounced.

4 The earth mourns and fades away, the world mourns and fades away, and the haughty people of the earth languish.

5 The earth also is defiled under the inhabitants of it, because they have transgressed the Laws, changed the Ordinance, and broken the Everlasting Covenant.

6 Because of this, the curse has devoured the earth, and they who dwell therein are desolate; therefore, the inhabitants of the earth are burned, and few men left.

Yahweh's Laws Will Bring Peace, Joy, Love, and Health

Yahweh offers 613 proven Perfect Laws that will stop wars. The Savior, Yahshua Messiah, says to seek them.

Mattithyah 6:33

But seek you first the Kingdom of Yahweh and His Righteousness, and all these things will be added to you.

Righteousness? We are shown exactly what Righteousness is in **Deuteronomy Chapter 6**. The Apostle Yahchanan shows us the result of practicing Righteousness.

Deuteronomy 6:25

And it will be our Righteousness if we observe to do all of

these Laws before Yahweh our Father, as He has commanded us.

I Yahchanan 3:4, 7-8, 10

4 Whoever commits sin, transgresses also the Laws; for sin is the transgression of the Laws.

7 Little children, let no man deceive you; he who practices Righteousness is Righteous, just as He is Righteous.

8 He who commits sin is of the devil, for the devil has sinned from the beginning. For this purpose the Son of Yahweh was manifested; that He might destroy the works of the devil.

10 In this the Children of Yahweh and the children of the devil are manifest. Whoever does not practice Righteousness is not of Yahweh, and he does not love his neighbor!

Yahshua Messiah says only fools do not believe the Prophets' Writings.

Luke 24:25

Then He said to them: O fools, and slow of heart to believe all that the Prophets have spoken!

The Prophets say Yahweh's Laws are Perfect.

II Samuyl 22:31-33

31 Yahweh, His Way is Perfect; the Laws of Yahweh are without flaw. He is a shield to all those who take refuge and trust in Him.

32 For who is the Father besides Yahweh? And who is a Rock, except our Father?

33 It is Yahweh Who is my strong refuge, and He makes my way

perfect.

Psalm 19:7

The Laws of Yahweh are Perfect, converting the whole person.
The Testimony of Yahweh is sure, making the simple ones wise.

Mattithyah 5:48

Therefore, become perfect, just as your Father Who is in heaven is Perfect.

If anyone is honest with himself and reads the inspired Scriptures, he will see the Laws portrayed are the Perfect Way to health, and peace among neighbors.

Bring Health

Deuteronomy 28:1-14

1 And it will be, if you will listen diligently to the Voice of Yahweh your Father, by observing and doing all His Laws which I command you this day, that Yahweh your Father will set you high above all the nations on earth *as His kings and priests*.

2 And all these blessings will come upon you, and accompany you, because you obey Yahweh your Father:

3 Blessed will you be in the city, and blessed will you be in the country.

4 Blessed will be the fruit of your body, the produce of your ground, and the young of your livestock: the calves of your herds and the lambs of your flocks.

5 Blessed will be your basket and your storehouse.

6 Blessed will you be when you come in, and blessed will you be when you go out.

7 Yahweh will cause your enemies, who rise up against you, to be defeated in front of you; they will come out against you from one direction, but flee from you in seven directions.

8 Yahweh will send a blessing on your barns and storehouses, and in everything you set your hand to do. Yahweh will bless you in the land which Yahweh your Father is giving you.

9 Yahweh will establish you as His Holy People unto Himself, as He promised you on oath, if you will keep the Laws of Yahweh your Father, and walk in all His Ways.

10 Then all the people on the earth will see that you are called by the Name of Yahweh, and they will reverence you.

11 Yahweh will grant you plenteous possessions—in the fruit of your body, in the increase of your livestock, and in the produce of your ground—in the land Yahweh vowed on oath to your forefathers to give you.

12 Yahweh will open the heavens, the storehouse of His bountiful treasure, to send rain upon your land in its season, and to bless all the work of your hands. You will lend to many nations, but you will borrow from none.

13 Yahweh will make you the head, and not the tail. You will be at the top only, and never be at the bottom, if you will pay attention to the Laws of Yahweh your Father, which I command you this day, and are *then* careful to observe and do them.

14 *For if you diligently observe and do all of Yahweh's Law, then you will not turn aside from any of the Laws which I command you this day, to the right hand nor to the left; by going after any God (el) to serve it.*

After the nations prove that the priest who eats swine's flesh is wrong and they bring nuclear destruction, these Laws will then be accepted and will bring Peace, as promised in **Deuteronomy 28:1-14**.

Isayah 65:2-5

2 I have spread out My Hands all the day to a rebellious people, who walk in a way *which is* not right, after their own thoughts; *devices*;

3 A people who continually act defiantly against Me to My Face; who offer sacrifices to the dead, and offer their children to deadly sexually transmitted diseases;

4 Who assemble and spend the night keeping memorials for the dead, who eat swine's flesh, and the broth of abominable things is *in* their vessels,

5 Who say; Stand by yourself! Do not come near me, for I am holier than you! These *are* a stench in My nostrils, a fire that burns all the day.

Isayah 66:17

They who sanctify themselves, and purify themselves in the gardens, following after the priest in the midst of those who eat swine's flesh, that which is offered to Gods (elohim) and the rodent—will be consumed together: says Yahweh.

Mattithyah 24:29

Immediately, *but* after the *Great* Tribulation of those days will the sun be darkened, and the moon will not give her light, and the stars will fall from heaven, and the powers of the heavens will be shaken.

Isayah 24:1-6

1 Before Yahweh's very Eyes, the earth is made empty and it is made waste; the face of it is perverted and its inhabitants scattered abroad;

2 And it will be: as with the people, so with the priest; as with the servant, so with his owner; as with the maid, so with her mistress; as with the buyer, so with the seller; as with the lender, so with the borrower; as with him who takes usury, so with him who gives usury to him:

3 The land will be utterly emptied and utterly plundered, for it has come to pass that this Judgment has been pronounced.

4 The earth mourns and fades away, the world mourns and fades away, and the haughty people of the earth languish.

5 The earth also is defiled under the inhabitants of it, because they have transgressed the Laws, changed the Ordinance, and broken the Everlasting Covenant.

6 Because of this, the curse has devoured the earth, and they who dwell therein are desolate; therefore, the inhabitants of the earth are burned, and few men left.

II Kepha 3:10-13

10 But the Day of Yahweh will come as a thief in the night, in which the heavens will pass away with great noise, and the elements will melt with fervent heat; both the earth, and the works that are in it, will be burned up.

11 Since all these things will then be dissolved, what manner *of persons* ought you to be in Holy Conduct and Righteousness?

12 *You must* look for and earnestly long for the Day of Yahweh, because of which the heavens will be dissolved in fire, and the elements will melt with fervent heat.

13 Nevertheless we, according to His Promise, look for new heavens and a new earth, in which Righteousness dwells.

In **verse 13**, we again see the word **Righteousness**.

I Yahchanan 3:4, 7-8, 10

4 Whoever commits sin, transgresses also the Laws; for sin is the transgression of the Laws.

7 Little children, let no man deceive you; he who practices Righteousness is Righteous, just as He is Righteous.

8 He who commits sin is of the devil, for the devil has sinned from the beginning. For this purpose the Son of Yahweh was manifested; that He might destroy the works of the devil.

10 In this the Children of Yahweh and the children of the devil are manifest. Whoever does not practice Righteousness is not of Yahweh, and he does not love his neighbor!

Deuteronomy 6:25

And it will be our Righteousness if we observe to do all of these Laws before Yahweh our Father, as He has commanded us.

If two nations, such as the United States and Russia, would make these Laws the Laws of their lands, start teaching them throughout their empires, and assure the people that their leaders will uphold, and set the example of following these Laws, then the people would know they could rely upon their government to fulfill its duties towards its citizens. Russia would recognize that it could trust the United States, and likewise, the United States could trust Russia in their relationships. Both could have peace and trust in that peace. They would also start seeing the health of their people and soil change, as well.

The diet of sin is only desirable until you get the taste of

sickness and death. In this generation, that taste of bitterness comes early. In fact, millions are born with it. To those who will believe Yahweh, repent, and be converted, there is the hope of Eternal Life.

Acts 3:19

Repent therefore, and be converted, that your sins may be blotted out; that times of refreshing may come from the Presence of Yahweh.

Revelation 22:12-14

12 And behold, I come quickly, and My Reward *is* with Me, to give every man according as his work will be.

13 I am the First and the Last, the Beginning and the End.

14 Blessed *are* those who keep His Laws, that they may have right to the Tree of Life, and may enter in through the gates into the City.

May Yahweh bless your understanding now. Nuclear wars are soon and sure.

Love, True Love,

Yisrayl Hawkins

Yahweh's Branch.com